

Gurukul Kartarpur Daily Routine During Summer

S. No.	Routine	Time
1	Waking up	4:00 am
2	Mantrapath, Relieving & Exercise	4:00 am to 4:30 am
3	Self study	4:30 am to 5:00 am
4	Bathing	5:00 am to 5:45 am
5	Sandhya Havan	5:45 am to 6:45 am
6	Break fast	6:45 am to 7:35 am
7	School time	7:40 am to 8:15 am
8	Lunch & rest	8:15 am to 1:30 pm
9	Self study	1:45 pm to 3:00 pm
10	Service	3:00 pm to 4:30 pm
11	Playing time	4:30 pm to 5:30 pm
12	Bathing and Sandhya	5:30 pm to 6:30 pm
13	Dinner	6:30 pm to 7:30 pm
14	Walking & Mantra path	7:30 pm to 8:15 pm
15	Self study	8:15 pm to 9:30 pm
16	Sleeping time	9:30 pm to 4:00 am

Gurukul Kartarpur Daily Routine During Winter

S. No.	Routine	Time
1	Waking up	5:00 am
2	Mantrapath, Relieving & Exercise	5:00 am to 6:00 am
3	Self study	6:00 am to 6:30 am
4	Bathing	6:30 am to 7:00 am
5	Sandhya Havan	7:00 am to 7:30 am
6	Break fast	7:30 am to 8:00 am
7	School time	9:00 am to 2:00 am
8	Lunch & rest	2:00 am to 3:30 pm
9	Self study	3:30 pm to 4:00 pm
10	Service	4:00 pm to 5:50 pm
11	Playing time	5:00 pm to 6:00 pm
12	Bathing and Sandhya	6:00 pm to 6:45 pm
13	Dinner	6:45 pm to 7:30 pm
14	Walking & Mantra path	7:30 pm to 8:00 pm
15	Self study	8:00 pm to 9:30 pm
16	Sleeping time	9:00 pm to 4:45 am